

THURSDAY, MARCH 31, 2022

CAFETERIA CUSTOMER GUIDELINES

- 1. Masks are recommended in high traffic areas
- 2. Use hand sanitizer before entering
- 3. Have your payment ready (tap preferred)
- 4. No touching items that you are not going to buy
- 5. Only those buying permitted to enter the line up

RAPID TEST

If you haven't received your rapid test, please come to the office to get it as soon as possible







8:15-9:45 am Breakfast Assorted Baked Goods and Breakfast Sandwiches

Lunch- 11:00am - 12:45pm

New Orleans Style Gumbo \$2.00/\$3.00/\$5.00

Meatball Marinara Sub \$5.00

Grilled Cheese Sandwich - \$5.00

Vegetarian Pizza \$5.00

Four Cheese Pizza \$5.00

Pepperoni Pizza \$5.00

Chicken Caesar Wrap \$5.00

Teriyaki Chicken Wings w/Steamed Rice and Veggies \$6.00

ALL STUDENTS

Student Info Session: ES Academy *NEW*

FREE Doughnuts! For grade 9, 10 and 11 students. Please attend a quick info session to see if the Environmental Studies Academy is the right fit for you!

Where: B222

When: Monday, April 4th, BLOCK 3 (11:15am)



YMCA SUMMER WORK STUDENT EXCHANGE PROGRAM*NEW*

Spend 6 weeks with paid work experience in Quebec while living with a host family. Many social activities planned. The deadline to apply is **April 17th, 2022.** The application process is free and registration fees are only collected in June once everything is finalized. For more information and to apply, feel free to check out our website at https://swse.ymcagta.org/

Info sessions @ 7pm via zoom April 1st https://zoom.us/meeting/register/tJMsdeitrj8jE9VszDwlqkFyJEdDBlITb_Se and 13th https://zoom.us/meeting/register/tJAsdeyhpzloE9AjW4825LU4GBDZIKYxL_QD

TRANSGENDER DAY OF VISIBILITY*NEW*

Today is Transgender Day of Visibility. Take today to reflect, acknowledge, and become educated on trans inequities and rights. All students and staff deserve our respect regardless of gender and sexual identity- how can you promote a safe environment for all at our school? Read more on trans day of visibility here: https://www.glsen.org/activity/transgender-day-visibility

JR. & SR. ES ACADEMY -- DEADLINE EXTENDED!

All grade 9, 10 and 11 students interested in applying to the Environmental Studies Academy, please do so before April 8th! Please see Ms. Melvin or Mr. Fitz with any questions you have in room B222. Use QR code below to apply.



<u>VOLUNTEER WITH POCO (GREENER CITY INITIATIVE) – ALL AGES, COUTTS PARK 10am – 1pm</u>

April 2 – Invasive Plant Removal

April 23 – Tree Planting

Register in advance: https://www.portcoquitlam.ca/city-services/environmental-services/greener-city/

ELL/INTERNATIONAL STUDENTS

Easter Cookie Decorating Party! If you are interested, you can register and sign up and pay \$5 to hold your spot. Sign up with Ms. Sousa in room E210. Deadline to sign up is April 5th (no late registrations) This will be held Thursday, April 14th during p3.

CAPILANO ESPORTS

CapU is hosting its first ever esports tournament, The Capilano Cup, on April 16, 2022! The chosen battlefield is League of Legends! This epic online event is for students in Grades 8-12 and free to enter.

Your matches may be streamed with commentary for a live audience! Check out our Linktree page and REGISTER NOW!

The MyEd Portal has NOW CLOSED as the deadline to input classes has passed (March 1st).

If you have not input your courses, you MUST hand in a PDF of your course selection sheet ASAP to your counsellor to be registered for courses for the 2022-2023 school year. Delaying handing in your course selection sheet will mean less chance of getting courses that you need or want for next year.

Failure to hand in your course selection sheet will mean that you will not have any courses scheduled for next year. If you HAVE already input your courses but have NOT handed in a PDF to your counsellor, you MUST also do this ASAP.

GRADE 12'S



CAREER CENTRE

Visit the online Centennial Career Centre Page HERE



@cent43careercentre

PLACE DES ARTS AUDTION NOTICE (15-18YR OLDS) *NEW*

Place des Arts' Summer Theatre Troupe (STT) is looking for 10 youth actors to create a devised theatre piece based on the theme of 'reimagining community.' This will be a collaborative project with an emphasis on learning ensemble building, methods of theatre creation and performance skills. We are looking for young actors with a strong commitment to the piece and a willingness to have fun!

Details on the career centre/volunteering – details on poster

here: <a href="https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/experiences/Pages/default.aspx?login=2092081326#/="https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/experiences/Pages/default.aspx?login=2092081326#/=

FUTURE ACES SCHOLARSHIP APPLICATION DEADLINE EXTENDED*NEW*

Applications are now open until April 18th at midnight. http://futureaces.org/scholarship/

HEADSTART IN ART/SD43 PROGRAM WILL RETURN IN THE FALL *NEW*

Applications for students entering grade 12 in fall 2022 will be available soon. This Emily Carr University course will be held in person (6.00pm to 9.00pm on Tuesdays, ending in mid-December at Gleneagle Secondary. Participating students will receive post-secondary credit upon completion.

APPLYING FOR LOCAL SCHOLARSHIPS? *NEW*



Please format your files: LAST NAME_FIRST NAME_FILE NAME eg. DOE_John_reference DOE_John_resume'

HAVE YOU WON A SCHOLARSHIP? *NEW*

Fill out the form on the link or the QR code below and it will be listed in the commencement program! https://tinyurl.com/msa8sptp



BCIT PATHWAY AWARDS - 3 X \$3,000 for SD43

Deadline Friday, April 1st. Visit the career centre for application & details. https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/financeawards/Pages/default.aspx #/=

14 SCHOLARSHIPS, BURSARIES AND AWARDS HAVE DEADLINES OF MARCH 31ST

Visit the Career Centre to apply!

ATCO INDIGENOUS SCHOLARHIPS

3 CATAGORIES amounts vary. Open to Indigenous students in grade 10 – 12, students enrolling in college, and students enrolling in university. Deadline August 15th, 2022. https://www.atco.com/en-ca/our-commitment/partnerships-indigenous-education-

 $\underline{programs.html\#:^{\sim}: text=The\%20Awards, in\%20 degree\%20 or\%20 graduate\%20 programs.}$

YOUNG WOMEN IN PUBLIC SAFETY - EMPLOYMENT OPPORTUNITY

A virtual WEB-BASED opportunity for females in grade 11 to learn about opportunities in public service. \$15 per hour. (Border Service, RCMP, Intelligence Agency, Parole Board, Correctional Service) 5 days from July 11-15, 2022 7.5 hours per day during program. APPLY BY APRIL 4th, 2022 https://emploisfp-psjobs.cfp-psc.gc.ca/srs-sre/page01.htm?poster=982&lang=en.htm

INFO SESSIONS FOR GRADE 11'S ONGOING

Discover a variety of post-secondary programs in BC: $\frac{\text{https://www.postsecondarybc.ca/events/}}{\text{Discover UVIC for gr. 10 & 11 – April 4}^{\text{th}}}$ and 22^{nd} .

DOUGLAS COLLEGE MARCH INFO SESSIONS:

March 29th & March 31 Register: https://www.douglascollege.ca/future-students/explore-douglas/information-sessions

Save the date - NCAA VIRTUAL FAIR & WEBINAR UPDATE

Thursday, April 21st 2 – 6 pm PST https://www.educationusacanada.ca/april-21-virtual-fair/

LOCAL SCHOLARSHIP PACKAGE AND DISTRICT AUTHORITY AWARDS

INFO HERE:

https://www.sd43.bc.ca/school/centennial/ProgramsServices/CareerCentre/Pages/default.aspx#/=.aspx
DEADLINE TO APPLY APRIL 8TH BY 12:30.

*Please note: The Mike Jennejohn Bursary has been cancelled for 2022.

PACIFIC LEADER'S SCHOLARSHIPS FOR CHILDREN OF PUBLIC SERVANTS

<u>Pacific Leaders scholarships for children of public servants - Province of British Columbia (gov.bc.ca)</u> 60 Awards of \$2,500. Minimum "B" average grades 10-12 and other criteria. Apply by May 13th, 2022.

JAYMIE LYNN ROBERTSON 2022 MEMORIAL BURSARY (EPILEPSY AND SEIZURE EDUCATION

3 X \$1,000 available. This is award will not be granted based on academic achievement, but the recipient must demonstrate financial need and submit a 300-word essay on how epilepsy has impacted his or her life. Due March 31/2002 Details HERE

GRACE FAMILY NETWORK SCHOLARSHIP ESSAY

3 X \$500 awards for 2022. Visit the career website or www.gfnf.org. Preference will be given to graduating students pursuing post-secondary who have financial need. "WHAT ARE YOUR IDEAS TO REDUCE SYSTEMIC BIAS AND INEQUITY IN SOCIETY?" (500 words) Deadline May 31st, 2022

BCSTA CITIZENSHIP AWARDS

The British Columbia School Trustees Association - BCSTA will once again be awarding **three** graduating B.C. public school students who have shown exemplary citizenship in their school and community with scholarships worth **\$500** each. VISIT THE CAREER CENTRE/FINANCE

LOCAL SCHOLARSHIP PACKAGE



SPORTS

SENIOR GIRLS' SOCCER*NEW*

Two big wins yesterday in the Centennial Kickoff tourney: 10-0 over Pitt Meadows & 2-1 over STM. We play Fleetwood Park this morning then are in the Final at 1:30 vs South Delta.

CENTENNIAL TENNIS TEAM

Tennis tryouts are happening Thursday, March 31st after school on the tennis courts by the tennis centre. Drop by anytime from 3:30 to 5:30pm and play some tennis! Bring your own racket and if you can't make it to the tryouts, please email Ms. Ward. sward@sd43.bc.ca

JUNIOR SOCCER*NEW*

Our athletes played their first game against the Riverside Rapids yesterday! Well done to all our athletes! Our next practice is Friday at 3:30 at the Centennial Oval! Go Centaurs!

TRACK & FIELD*NEW*

Speed/ dash training available to track athletes tomorrow - Friday April 1st- at 3:30 at the Centennial Oval. Strength training will be available at the Boneyard Weightroom as well!

BOYS RUGBY

All current players and new recruits are encouraged to attend practices Monday, March 28 – Thursday March 31 at the Oval 3:30 – 4:45 pm to ensure we are prepared to start the spring season of 7's rugby. The Centennial Boys Rugby team yearbook photo has also been moved to this week. Please contact Mr. Oriel (PE Office) or Coach Tonks for more information or if you will be unable to attend the practices.